

# Kick a Goal for Bowel Cancer

Australia's leading cancer specialists have left their clinics behind for the day to 'Kick a Goal for Bowel Cancer' and bring attention to Australia's most common cancer.

Bowel cancer is the most common cancer affecting Australians, with over 12,000 people diagnosed every year.

It is the second leading cause of cancer deaths in Australia with approximately 90 Australians dying of the disease each week.

Bowel cancer screening is critical as the earlier bowel cancer is detected and treated, the higher the cure rate.

Evidence shows that screening for bowel cancer can reduce deaths by up to 30-40 percent.

If you are over 50, notice any changes in your bowel habits at any age, or have a family history of the disease, contact your GP about screening.

Studies show that a diet high in vegetables, fruit and fibre can reduce the risk of bowel cancer.



[gicancer.org.au](http://gicancer.org.au)



**gastrointestinal cancer institute**

Bringing GI cancer treatments to Australians faster,  
through world class research and clinical trials.